

# We are SunSmart®

## is a SunSmart School

We aim to protect our students, staff and visitors from ultraviolet (UV) radiation, which can lead to skin cancer later in life.

### This means:

- We are SunSmart whenever the UV Index is 3 or above. This includes for camps, excursions, sporting events and outdoor lessons.
- We know that UV is not the same as heat and we can get sunburnt on cool days when the UV is above 3.
- Sun protective clothing is part of our uniform or dress code.
- We encourage use of SPF50 or SPF50+ broad spectrum water resistant sunscreen.
- Everyone wears a broad-brimmed, legionnaire or bucket hat when outside. We know caps are not adequately protective.
- If we don't have a hat, we can borrow one or play in the shade.
- Staff and visitors are requested to role-model good sun protection by wearing a hat.
- We provide shade for play, outdoor lessons and events.
- We learn about skin cancer prevention.
- When we can, we schedule outdoor activities for when the UV is lower.



SLIP



SLOP



SLAP



SEEK



SLIDE



is a member of Cancer Council's SunSmart Schools program until

[generationsunsmart.com.au](http://generationsunsmart.com.au)

